

# STEPS TO \* \* \* WINTER STORM \* \* \* SURVIVAL IN A MOTOR VEHICLE

## \* Precautions

If at all possible, listen to weather reports and get off the road before a winter storm strikes. If travel is absolutely necessary in threatening winter weather, make sure that your vehicle is in good mechanical condition, equipped with proper tires for winter driving and has a full tank of fuel. Always remember to adjust your speed for varying road conditions.

While driving, tune your radio to local commercial radio stations for updated weather and road condition reports. When traveling the interstate system in Kansas, you may also obtain weather and road reports from weather radio receivers located in many interstate rest areas.

Prepare for Kansas winters by keeping a mini survival kit in your vehicle. At a minimum, include the following items in the survival kit:

- | winter storm survival kit |  |
|---------------------------|--|
| 1. Metal Coffee Cans      | 10. Extra winter clothing                |
| 2. Matches/lighter        | 11. Non-perishable food                  |
| 3. Candles                | 12. Fusees/Flares                        |
| 4. Can Opener             | 13. Jumper Cables                        |
| 5. Blankets               | 14. Ice Scraper                          |
| 6. First Aid Kit          | 15. Traction mats, sand<br>or cat litter |
| 7. Flashlight             | 16. Red flag                             |
| 8. Shovel                 | 17. Cellular Phone                       |
| 9. Tow rope or chain      |  |

# IF STRANDED IN A \* WINTER STORM

## \* do not panic

Always work slowly to avoid overexertion. Attempting to push a vehicle or shovel even small amounts of snow may lead to a heart attack.

## \* stay in your vehicle

Do not attempt to find help by walking. You can quickly become disoriented in blowing and drifting snow. Your car provides the best protection from the weather and you are more likely to be discovered by highway maintenance crews or law enforcement officers if you remain in your car.

## \* keep fresh air circulating

Carbon monoxide can build up in a tightly closed vehicle, especially one sealed by blowing or drifting snow. Run the motor sparingly and open only the downwind window to provide proper ventilation.

## \* keep active

Clap your hands and move your arms and legs vigorously from time to time to stimulate circulation, relieve muscle tension and help keep you awake.

## \* turn on your dome light

The light will help you observe others in the car and make your car visible to passersby.

do not permit all occupants of the vehicle to sleep at the same time.



**KANSAS**  
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